Please be advised that administrative translation has no legal value Only the official texts of laws and regulations do so

Regulation respecting training requirements for physiotherapists to perform spinal and joint manipulations

Professional Code

(chapter C-26, s. 94, par. o)

SECTION I

GENERAL PROVISION

- **1.** For the purpose of performing the professional activity described in subparagraph *i* of paragraph (3) of section 37.1 of the Professional Code (chapter C-26), the Ordre professionnel de la physiothérapie du Québec ("the Order") issues a training certificate to a requesting physiotherapist who meets one or the other of the following conditions:
 - 1° The physiotherapist provides the Order's Executive committee with proof of successful completion of training on joint manipulations of a duration of 314 hours, the content of which complies with Annex I. Said training must have been provided by an instructor or organization that is recognized by the Order to this effect;
 - 2° The physiotherapist provides the Order's Executive committee with proof of successful completion of training on spinal manipulations of a duration of 176 hours, the content of which complies with Annex II. Said training must have been provided by an instructor or organization that is recognized by the Order to this effect. The physiotherapist must have already successfully completed training on joint manipulations;
 - 3° The physiotherapist has obtained an exemption granted under the provisions of section II or successfully completed the training that was required of him when he applied for an exemption.

SECTION II

EXEMPTION

2. To be exempted from the obligation of completing training provided under paragraph 1° or 2° of section 1, in whole or in part, the physiotherapist must demonstrate a level of knowledge and skill equivalent to that of a physiotherapist who successfully completed said training.

When evaluating an application for exemption, the following factors are taken into consideration:

- 1° the nature and duration of the physiotherapist's work experience;
- 2° the nature and content of courses taken and results obtained;
- 3° the nature, duration and content of internships and other continuing education and development activities.

- **3.** To obtain an exemption, the physiotherapist must apply in writing to the secretary of the Order and provide, among the following supporting documents, those that are required to support his application:
 - 1° an attestation and description of his work experience that is relevant to the performance of the activity for which he is applying for a training exemption as well as the number of working hours during which he performed said activity with or without supervision;
 - 2° the description of the courses taken, including the number of hours of training, the name of the instructor or organization and a proof of successful completion;
 - 3° an attestation of the successful completion of internships or other continuing education and development activities related to the performance of the activity for which he is applying for a training exemption.
- **4.** Within 60 days following the receipt of the application for exemption, the secretary informs the physiotherapist in writing of the Executive committee's decision. In the case of a partial exemption, the secretary informs the physiotherapist of the training that he must complete to obtain the training certificate required under section 1.
- **5.** The physiotherapist may have this decision reviewed provided that he files a written reasoned application with the secretary within 30 days after having been informed of the Order's decision.

The decision is reviewed by a committee established by the Board of directors under paragraph (2) of section 86.0.1 of the Professional Code and formed by persons other than members of the Executive committee.

Before rendering its decision, the committee must give the physiotherapist the opportunity to submit his observations.

6. The committee's decision is final and must be conveyed in writing to the physiotherapist within 90 days following the date of receipt of the application for review.

SECTION III

CONTINUING EDUCATION

7. A physiotherapist who holds a training certificate issued under the present regulation is required to spend 7 hours per reference period on continuing education activities related to performing manipulations.

A reference period is a period of 3 years, the first year having begun on April 1, 2013.

8. A physiotherapist who fails to comply with the obligation stipulated under section 7 shall receive a notice from the secretary and dispose of a 60-day period to correct the situation.

On the expiry of this period, the Board of directors shall, based on the secretary's report, suspend the physiotherapist's training certificate.

The training certificate shall be suspended until the physiotherapist provides the Board of directors with proof that he has corrected the situation.

9. This regulation comes into force on the fifteenth day following its date of publication in the Gazette officielle du Québec.

ANNEX I

TRAINING PROGRAM TO OBTAIN THE AUTHORIZATION TO PERFORM JOINT MANIPULATIONS

General objective

To master the theoretical and practical knowledge in order to apply a clinical approach to evaluate disabilities and incapacities, plan and provide treatment involving joint manipulations.

Theoretical training

Theoretical training includes a minimum of 179 hours of integration courses and a minimum of 75 hours of specific courses:

Integration courses:

- 1° 48 hours on anatomy, physiology, biomechanics, pathology, fundamental sciences such as biochemistry, microbiology, epidemiology, pharmacology and clinical sciences such as diagnostic imaging, medical electrophysiology, laboratory analysis;
- 2° 131 hours on evaluating all disabilities and incapacities as well as establishing and carrying out a treatment plan for the neuromusculoskeletal system.

Specific courses:

- 1° 22 hours on the prescription of joint manipulations as part of a treatment plan such as parameters, indications, precautions, contraindications as well as health and safety rules applying to performing joint manipulations;
- 2° 52 hours on the safe performance of joint manipulations;
- 3° 1 hour on the legal aspects and communication of components related to the establishment, carrying out and follow-up of a treatment plan involving joint manipulations.

Practical training

Practical training must be conducted in a setting that enables the integration of all knowledge and skills required to perform joint manipulations.

This training consists of supervised practice including 60 hours of joint manipulations.

ANNEX II

TRAINING PROGRAM TO OBTAIN THE AUTHORIZATION TO PERFORM SPINAL MANIPULATIONS

General objective

To master the theoretical and practical knowledge in order to apply a clinical approach to evaluate disabilities and incapacities, plan and provide treatment involving spinal manipulations.

Theoretical training

Theoretical training includes a minimum of 89 hours of integration courses and a minimum of 57 hours of specific courses:

Integration courses:

- 1° 29 hours on anatomy, physiology, biomechanics, pathology, fundamental sciences such as biochemistry, microbiology, epidemiology, pharmacology and clinical sciences such as diagnostic imaging, medical electrophysiology, laboratory analysis;
- 2° 60 hours on evaluating all disabilities and incapacities as well as establishing and carrying out a treatment plan for the neuromusculoskeletal system.

Specific courses:

- 1° 26 hours on the prescription of spinal manipulations as part of a treatment plan such as parameters, indications, precautions, contraindications as well as health and safety rules applying to performing spinal manipulations;
- 2° 30 hours on the safe performance of spinal manipulations;
- 3° 1 hour on the legal aspects and communication of components related to the establishment, carrying out and follow-up of a treatment plan involving spinal manipulations.

Practical training

Practical training must be conducted in a setting that enables the integration of all knowledge and skills required to perform spinal manipulations.

This training consists of supervised practice including 30 hours of spinal manipulations.