

Regulation respecting a training activity by physiotherapists to insert needles under the dermis to reduce inflammation, as a supplemental means

Professional Code

(chapter C-26, s. 94, par. o)

SECTION I

GENERAL PROVISION

1. For the purpose of performing the professional activity described in subparagraph *h* of paragraph (3) of Section 37.1 of the Professional Code (chapter C-26), the Ordre professionnel de la physiothérapie du Québec (the “Order”) issues a training certificate to a requesting physiotherapist who meets one or the other of the following conditions:

- 1° The physiotherapist provides the Order’s Board of directors with proof of successful completion of training of a duration of at least 102 hours, the content of which complies with the objectives provided under Annex I. Said training must have been provided by an instructor whose name appears on a list prepared by the Order to this effect;
- 2° The physiotherapist has obtained an exemption granted under the provisions of section II or successfully completed the training that was required of him when he applied for an exemption.

SECTION II

EXEMPTION

2. To be exempted from the obligation of completing training provided under paragraph 1° of section 1, in whole or in part, the physiotherapist must demonstrate that he successfully completed training, the content of which complies with the objectives provided under Annex I, in whole or in part.

To obtain an exemption, the physiotherapist must apply in writing to the Board of directors of the Order and provide the supporting documents that are required to identify the objectives, content and duration of the training he completed as well as the instructor’s name. He must also provide an attestation of the successful completion of this training.

3. Within 60 days following the receipt of the application for exemption, the secretary of the Order informs the physiotherapist in writing of the Board of director’s decision.

As the case may be, the notice specifies whether the application for exemption is rejected or accepted, in whole or in part. In the case of a partial exemption, the secretary informs the physiotherapist of the training that he must complete to obtain the training certificate required under section 1.

4. The physiotherapist may have the Board of director’s decision reviewed provided that he files a written reasoned application with the secretary within 30 days after having been informed of the Order’s decision as provided under section 3.

5. Within 30 days following the date of receipt of the application for review, the secretary of the Order informs the physiotherapist in writing of the Board of director’s decision. The second paragraph of section 3 applies to the notice sent in accordance with this section.

ANNEX I

(s. 1 and 2)

TRAINING PROGRAM ON THE INSERTION OF NEEDLES UNDER THE DERMIS

1. General objective

Harness the theoretical and practical knowledge as part of a clinical approach to evaluate conditions as well as plan and provide a treatment consisting of inserting needles under the dermis to reduce inflammation, as a supplemental means.

2. Specific objectives

Upon completion of the program, the participant shall be able to:

- 1° Describe the legalities of inserting needles under the dermis that apply in Québec in order to abide by them;
- 2° Explain the neurophysiological mechanisms of the inflammation;
- 3° Describe in depth the different anatomical layers;
- 4° Identify a disability or incapacity that can be treated by the insertion of needles under the dermis based on the collection of subjective and objective data;
- 5° Enumerate and recognize the indications, precautions and contraindications of the insertion of needles under the dermis;
- 6° Establish relationships between conclusive data and the practice of inserting needles under the dermis;
- 7° Justify the insertion of needles under the dermis as a means of treatment in a physiotherapy treatment plan;
- 8° Compare the different dermal puncture approaches to the practice of inserting needles under the dermis;
- 9° Select the adequate dermal puncture technique and the appropriate material;
- 10° Use his anatomical knowledge to determine where the needles will be inserted under the dermis;
- 11° Apply the hygiene, asepsis and biomedical waste control measures as well as any additional precautions to prevent infections;
- 12° Insert and manipulate needles under the dermis in a safe and professional manner;
- 13° Handle and manage needles safely.